



*Laytonville Healthy Start*  
*Family Resource Center*  
www.laytonville.org/healthystart

Telephone: 707 984 8089  
Fax: 707 984 8620  
jayma@laytonville.org  
P.O. Box 1382  
44400 Willis Ave.  
Laytonville, CA 95454

## What we do . . .

- CalFresh (food stamps) application assistance
- Medi-Cal Insurance application/referral assistance (free/low cost health insurance)
- Medi-Care information and application assistance & referrals
- Emergency food pantry/ monthly Food Bank (3<sup>rd</sup> Friday of the month)
- Senior citizen support- senior lunch/ meals on wheels during COVID-19
- Clothing, back-to-school supplies, emergency diapers and other basic needs assistance for kids, families & individuals
- Mental Health: counseling; services and referrals
- Referrals for homeless services
- Help with or referral for disability applications
- Crisis support
- Connection to youth mentoring/empowerment opportunities
- Parenting information, parent support/positive parenting referrals
- Women, Infants & Children nutrition program referrals (WIC)
- Alcohol & Other Drug information and referral to treatment
- General Support and referral services for Laytonville and surrounding areas
- Self-help Legal Access Center referrals
- Domestic violence prevention, referral for services and advocacy
- Coordination of programs/resources: such as Laytonville Skate Park, Laytonville Library/Book & Community Room, Long Valley Dance, Community Fitness Center
- Provide community meeting space
- Homeless and Foster child liaison services
- Case management and inter-agency coordination
- Online computer access, WiFi & printing
- Low cost car seat referrals
- Healthy Start Coalition (our board)
- Holiday meals, Christmas gifts

And, then some . . . Just ask!

. . . for more information, contact us!