



Laytonville Healthy Start
Family Resource Center
www.laytonville.org/healthystart

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What we do . . .

- Food stamp (CalFresh) application assistance (ask us for current income guidelines)
- Medi-Cal & Covered California Insurance application assistance (free/low cost health insurance)
- Medi-Care information and application assistance & referrals
- Emergency food pantry/ monthly Food Bank (3rd Friday of the month)
- Senior citizen support- monthly luncheon & weekly meals on wheels during COVID-19
- Clothing, school supplies, emergency diapers and other basic needs assistance
- Mental Health: counseling; services and referrals
- Referrals for homeless services
- Help with or referral for disability applications
- Parenting information, classes and resources (offered virtually or over the phone)
- Teen empowerment (individual) and crisis support
- Connection to youth mentoring opportunities
- Family empowerment groups for parents referrals
- Women, Infants & Children nutrition program referrals (WIC)
- Alcohol & Other Drug information and referral to treatment
- General Support and referral services for Laytonville and surrounding areas
- Self-help Legal Access Center referrals
- Domestic violence prevention, referral for services and advocacy
- Coordination of programs/resources: such as Laytonville Skate Park, Long Valley Public Library/Book & Community Room, Long Valley Dance, Community Fitness Center, Laytonville Aikido group
- Provide community meeting space
- Homeless and Foster child liaison services
- Case management and inter-agency coordination
- Online computer access, WiFi & printing
- Low cost car seat referrals
- Healthy Start Coalition (our board)

And, then some . . . Just ask!

. . . for more information, contact us!