# Community Resources



# NEED ASSISTANCE? LOOK TO THESE HELPFUL AGENCIES FOR SUPPORT



# Laytonville Healthy Start Community & Family Resource Center

44400 Willis Avenue, Laytonville (707) 984-8089 www.laytonville.org/healthystart Assistance applying for medical insurance, CalFresh (food stamps), other supportive programs COVID-19 relief, emergency food & supplies Public computers with printing Referrals to mental health & supportive services through county-wide partnerships We can point you to a supportive resource, just give us a call or stop by!

## Long Valley Health Center

50 Branscomb Road, Laytonville (707) 984-6131 COVID-19 vaccine walk-in services Behavioral & Mental Health services Health/Wellness services Dental Clinic Confidential services for youth & adults

#### Parenting Resource Hotline 1-855-427-2736

"Asking for help is a sign of strength"

# Laytonville Food Bank @ Harwood Hall

44400 Willis Avenue, Laytonville 3rd Friday of the month, 1-4 p.m. Call (707) 984-8089 for info

#### **Project Sanctuary**

(707) 463-HELP 24/7 crisis line Legal advocacy for survivors seeking restraining orders Support groups Safe & confidential services

# National Suicide Prevention Hotline

1-800-273-8255 Help is available, speak with someone today

### National Alliance on Mental Illness (NAMI Mendocino)

http://www.namimendocino.org A grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental

illness Support groups, classes, trainings