



Laytonville Healthy Start
Family Resource Center
www.laytonville.org/healthystart

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What we do . . .

- Food stamp (CalFresh) application assistance
- Medi-Cal & Covered California Insurance application assistance
- Medi-Care information and application assistance
- Senior citizen activities- monthly luncheon
- Mental Health: counseling; services and referrals
- Laytonville Healthy Start Coalition
- Help with or referral for disability applications
- Parenting information, classes and resources
- Teen empowerment (individual) and crisis support
- Family empowerment groups for parents
- Women, Infants & Children nutrition program referrals (WIC)
- Alcohol & Other Drug information and referral to treatment
- Drug Free Communities Project (EPIC)
- General Support and referral services for Laytonville and surrounding areas
- Self-help Legal Access Center referrals
- Activities for youth, after-school program
- Summer program for children 5-11 years old
- Domestic violence prevention, referral for services and advocacy
- Coordination of programs/resources: such as Long Valley Dance and Fitness Center, Long Valley Public Library and the Laytonville Skate Park project
- Provide community meeting space
- Homeless and Foster child liaison services
- Case management and inter-agency coordination
- Clothing, school supplies, emergency diapers and other basic needs assistance
- Play group for 0-5 year olds
- Online computer access& printing
- Low cost car seat referrals
- Nutrition and Cooking classes

And, then some . . . Just ask!

. . . for more information, contact us!