

Laytonville Area Youth Resources

Who can help?

Name	Contact	How?
Laytonville Healthy Start	984-8089	<ul style="list-style-type: none"> ♥ Services for families & individuals ♥ Teen Night, Teen Drop-in, Computer access ♥ Counseling services
Long Valley Health Center	984-6131	<ul style="list-style-type: none"> ♥ Confidential low-cost health care ♥ Free family planning appointments ♥ Drug, Alcohol & Mental Health counseling
Project Sanctuary	462-9196	<ul style="list-style-type: none"> ♥ Domestic Violence Shelter ♥ Counseling & Support ♥ 24 Hour Help Hotline
Food Banks	Willits: 459-3333 Laytonville: 3rd Friday of every month from 2-4pm at the Garden Club	<ul style="list-style-type: none"> ♥ Food Assistance
Mendocino County Youth Project	489-1258	<ul style="list-style-type: none"> ♥ Free teen clothes closet (by appointment only—call first!)
Suicide Prevention Hotline	1-800-273-TALK (8255)	<ul style="list-style-type: none"> ♥ 24 Hour Help Hotline
Mental Health	Adult: 1-800-555-5906 Youth: 1-855-838-0404	<ul style="list-style-type: none"> ♥ Connect to mental health crisis counselors ♥ 24 Hour Crisis Hotline

*****If you are unsure what agency can help you, don't hesitate to ask a responsible adult for advice!
In case of emergency call 911.*****