## Parenting Groups back at



## First Group: "Recovery Support" Parenting Group

Are you a parent or caregiver in recovery from drug or alcohol abuse? Are you finding that parenting in recovery has its own challenges? Would you like to give and receive parenting support from others sharing a similar experience?

Join Terri Davis, certified Triple P instructor, in this group with other parents and caregivers taking this journey in recovery.

This parenting group will start on Tuesday, March 3rd 10:30 a.m. to 1 p.m. at Laytonville Healthy Start

## Second Group: Triple P= Positive Parenting Program—for every parent

Together we'll discover positive solutions to common and not so common child behavior problems.

This group will begin on Tuesday, April 21st—Time to be announced.

Refreshments available and child care provided upon request.

Call Healthy Start at 984-8089 to learn more and to sign up.