

THE REALITY OF TEEN DRINKING IN LAYTONVILLE!

CREATED WITH DATA
FROM THE 2011-2012
CA HEALTHY KIDS SURVEY
TAKEN AT
LAYTONVILLE HIGH SCHOOL

**ALCOHOL IS THE MOST COMMONLY ABUSED DRUG
AMONG LAYTONVILLE HIGH SCHOOL STUDENTS...**



39% OF LAYTONVILLE JUNIORS & SENIORS
HAVE DRIVEN A CAR AFTER DRINKING OR BEEN
IN A CAR DRIVEN BY A DRUNK FRIEND.

In 2010, there were **10,228** deaths
related to drunk driving in the U.S.

40%
of those being teens.

That's **4,091** teen deaths a year!!!

HOW LONG DOES IT TAKE TO SOBER UP?

The average person metabolizes alcohol at the rate of about one drink per hour.

Only time will sober a person up. Drinking strong coffee,
exercising or taking a cold shower will not help.

DID YOU KNOW?

THE NATIONAL INSTITUTE OF ALCOHOL ABUSE REPORTS THAT
**UNDERAGE DRINKERS ARE MORE LIKELY TO DEVELOP
DEPENDENCE AND ADDICTION THAN PEOPLE OVER 21.**



High school students who use alcohol are
5 times more likely to drop out of school or
believe good grades are not important

THE SOBERING TRUTH!
28% OF LHS STUDENTS HAVE
TRIED TO QUIT DRINKING.

NOT EVERYONE DRINKS!

50% OF LHS
9TH AND 10TH GRADERS
**STRONGLY DISAPPROVE
OF DRINKING ALCOHOL.**



44% OF LHS
11TH AND 12TH GRADERS
**STRONGLY DISAPPROVE
OF DRINKING ALCOHOL.**

**It's OK to be sober.
It's OK to be yourself!**