THE REALITY OF TEEN DRINKING IN LAYTONVILLE!

Alcohol is the most commonly abused drug among Laytonville High School students...

39% of Laytonville juniors & seniors have driven a car after drinking or been in a car driven by a drunk friend.

In 2010, there were 10,228 deaths related to drunk driving in the U.S. 40% of those being teens.

That’s 4,091 teen deaths a year!!!

How long does it take to sober up?
The average person metabolizes alcohol at the rate of about one drink per hour. Only time will sober a person up. Drinking strong coffee, exercising or taking a cold shower will not help.

Did you know?
The National Institute of Alcohol Abuse reports that underage drinkers are more likely to develop dependence and addiction than people over 21.

The sobering truth!
28% of LHS students have tried to quit drinking.

Not everyone drinks!
50% of LHS 9th and 10th graders strongly disapprove of drinking alcohol. 44% of LHS 11th and 12th graders strongly disapprove of drinking alcohol.

It’s OK to be sober... It’s OK to be yourself!